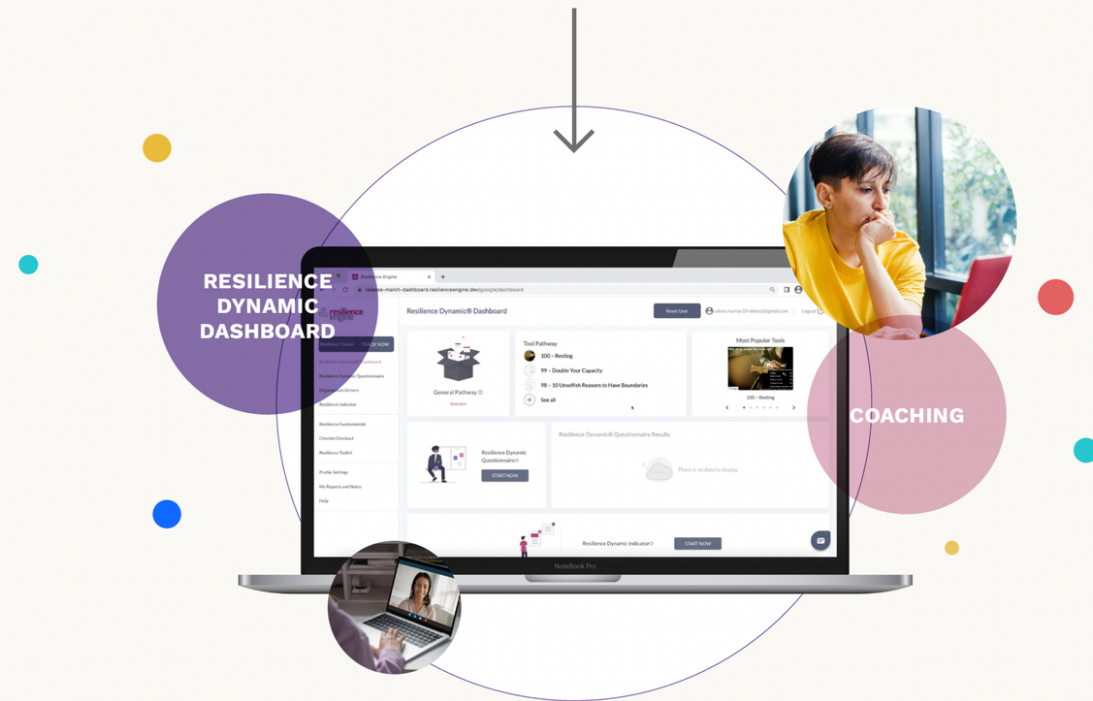


Dashboard Enterprise

For Organisational Resilience



Dashboard Enterprise offers a simple way for organisations to See, Understand and Optimise the whole workforce's resilience on a day to day basis.

The Dashboard Enterprise full workforce solution enables you to track the resilience demand versus capacity across: individuals, teams, demographic groups or the whole enterprise. Individuals and teams gain insight into their own resilience patterns. Teams learn how to balance workload versus their energy and wellbeing. Leaders can view the whole enterprise, filtered by demographics, giving insight into key employee groupings such as age, tenure, gender and location.

What is Resilience?



Resilience is your capacity for change

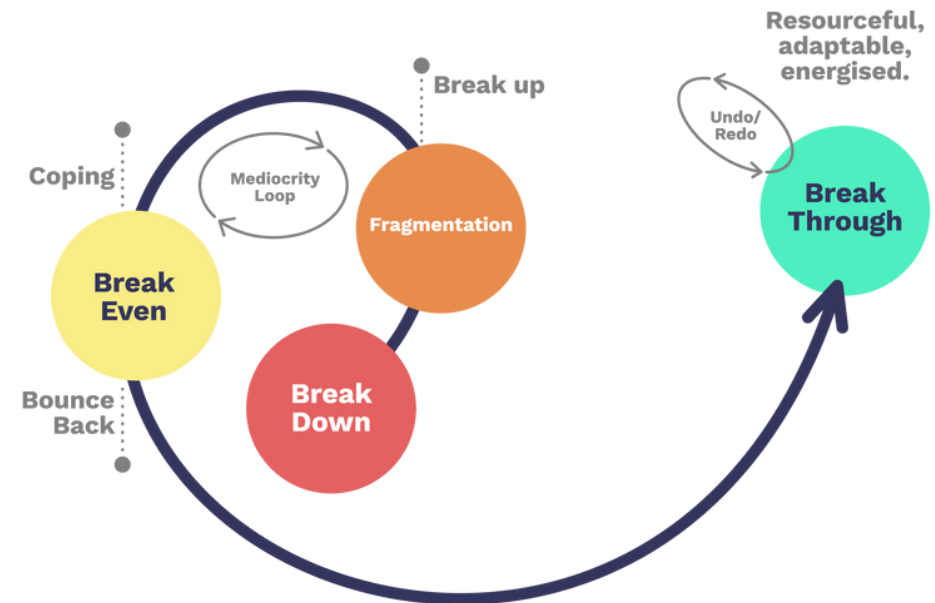
Workforce resilience is key to reducing stress, adapting to change, boosting your business, and re-energising your whole team. The Resilience Dynamic offers a window into this.

We help organisations embed resilience skills in a straightforward and suitable way. Our approach builds on over 15 years of research and experience in the field.

The Resilience Dynamic® Model

The Resilience Dynamic® model is the result of over 15 years of research. It explains what resilience is - and goes beyond the standard definitions encompassing Coping and Bouncing Back. These are part of resilience, but not all of the parts.

The Resilience Dynamic® is used in the Dashboard Enterprise solution through the self-assessment stage. You will be placed on one of the nine possible resilience levels and given a resilience score based on the model. If using the Resilience Dynamic® Questionnaire, your resilience coach will use the model in your debrief session to help you to 'See, Understand and Optimise' your resilience.



SEE IT



Become aware of your own resilience, the truth of your behaviours, and the impact.

Evaluate your organisation’s resilience through the powerful self-assessment tools and our leading Resilience Tracker

See the hot spots and patterns of resilience across your entire workforce in real time, with deep dives into the tracking information of resilience demand vs capacity. Using the window of the Resilience Dynamic®, you will see the groups of employees at different stages of resilience, so that you can consider how to rebalance their resilience and wellbeing. Overall, your Secure, Neutral plus your Watch areas are easily identifiable.



ENTRY POINT
INTO
RESILIENCE
LEVELS

RETURN TO DASHBOARD

Resilience Dynamic® Questionnaire

Instructions

Section 1

Section 2

Section 3

Section 4

For each statement, please move the sliders to select your range scores are in fact the same, move both sliders to the same score.

Then enter the variance between these high and low scores. This is how often you experience movement between the scores.

1. I am energetic*

Completely disagree Strongly disagree Disagree a bit Agree a bit Strongly agree Completely agree

○

○

○

○

○

○

2. I am proud of who I am and what I do in all the contexts that matter to me *

Completely disagree Strongly disagree Disagree a bit Agree a bit Strongly agree Completely agree

○

○

○

○

○

○

3. I find it easy to live

○

○

○

○

○

○

RETURN TO DASHBOARD

Resilience Dynamic® Indicator

Overview & Interactions

Page 1

Page 2

Complete

Section one

For each statement, please move the sliders to select your range of response from highest to lowest score. If your highest and lowest scores are in fact the same, move both sliders to the same score. The variability indicates how often you move between these scores.

1. Stress can compromise my self-care routine*

Very rarely/ Never Sometimes Often Very frequently

○

○

○

○

○

2. My stressors stop me from being resourceful*

Very rarely/ Never Sometimes Often Very frequently

○

○

○

○

○

3. I accept when things are out of my control*

Very rarely/ Never Sometimes Often Very frequently

○

○

○

○

○

4. I am able to embrace change*

Very rarely/ Never Sometimes Often Very frequently

○

○

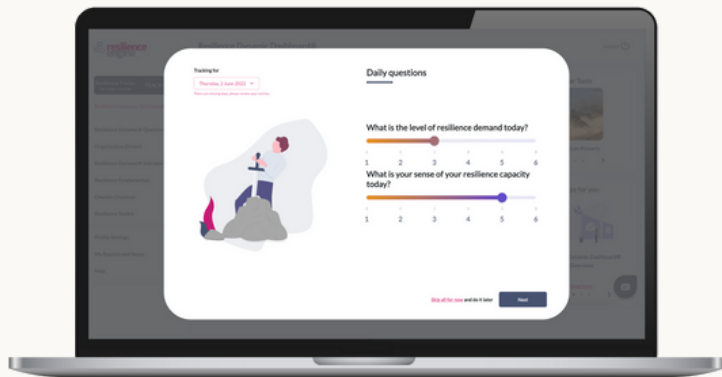
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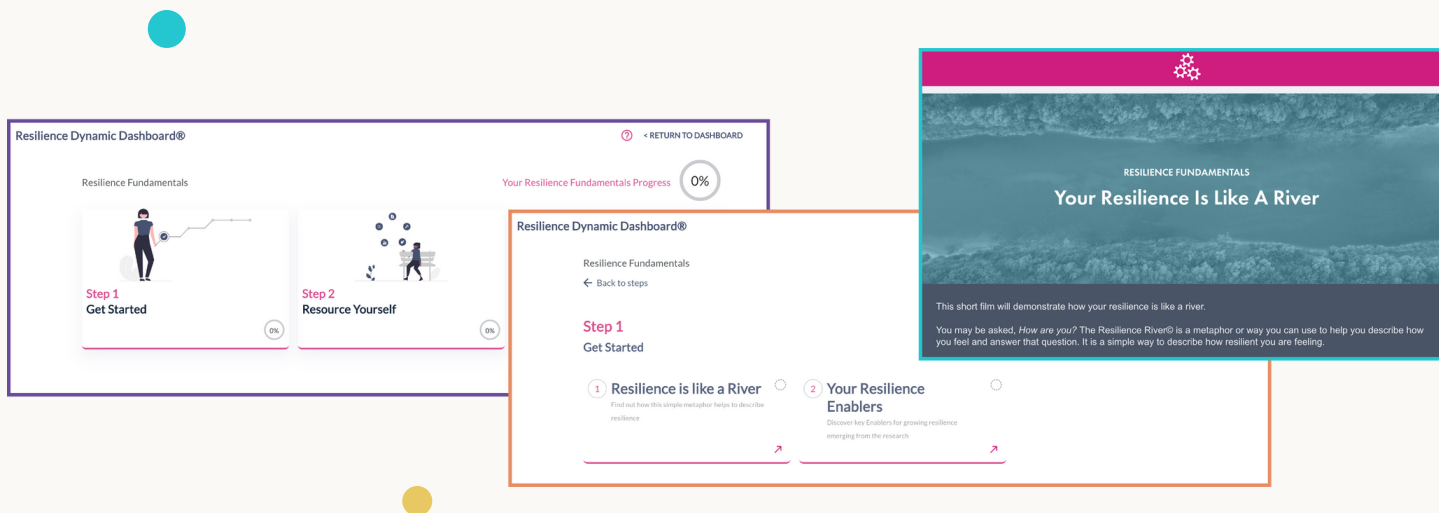
UNDERSTAND IT

Gain an understanding of your own resilience patterns and triggers.



Understand how to release your workforce's capacity through key resilience insights and tools

Dashboard Enterprise for organisational resilience enables your workforce to assess and track resilience and wellbeing. Individuals are offered resilience learning pathways based on their real-time data, preventing the build-up of wellbeing-draining behaviours. Together with the Resilience Fundamentals e-learning, individuals and teams understand their options for how to boost their own capacity, and balance this with their workload demands.



OPTIMISE IT



Invest in your resilience regularly,
and support others in resilience too.

↑ 53%

Focus



↑ 65%

Wellbeing

Shift the dial by optimising your full workforce's resilience and wellbeing

Optimising your people's resilience and wellbeing is down to two key fundamentals. Firstly, your people need to act to release their capacity as best they can. To achieve full optimisation, your second step is to address strategically where demand is not balanced with capacity, for example, unrealistic workloads.

Monitor & track your resilience

Shift Feeling Overstretched

Track the impact of demand versus the energy of your people

Criticality of sleep

Get to know for real how much sleep matters

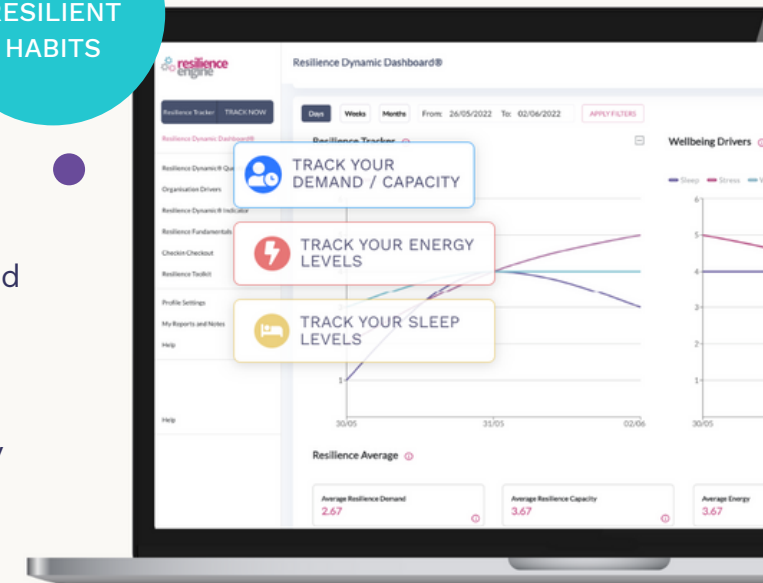
Red Flags

View early warnings before wellbeing and engagement become an issue

Track Energy

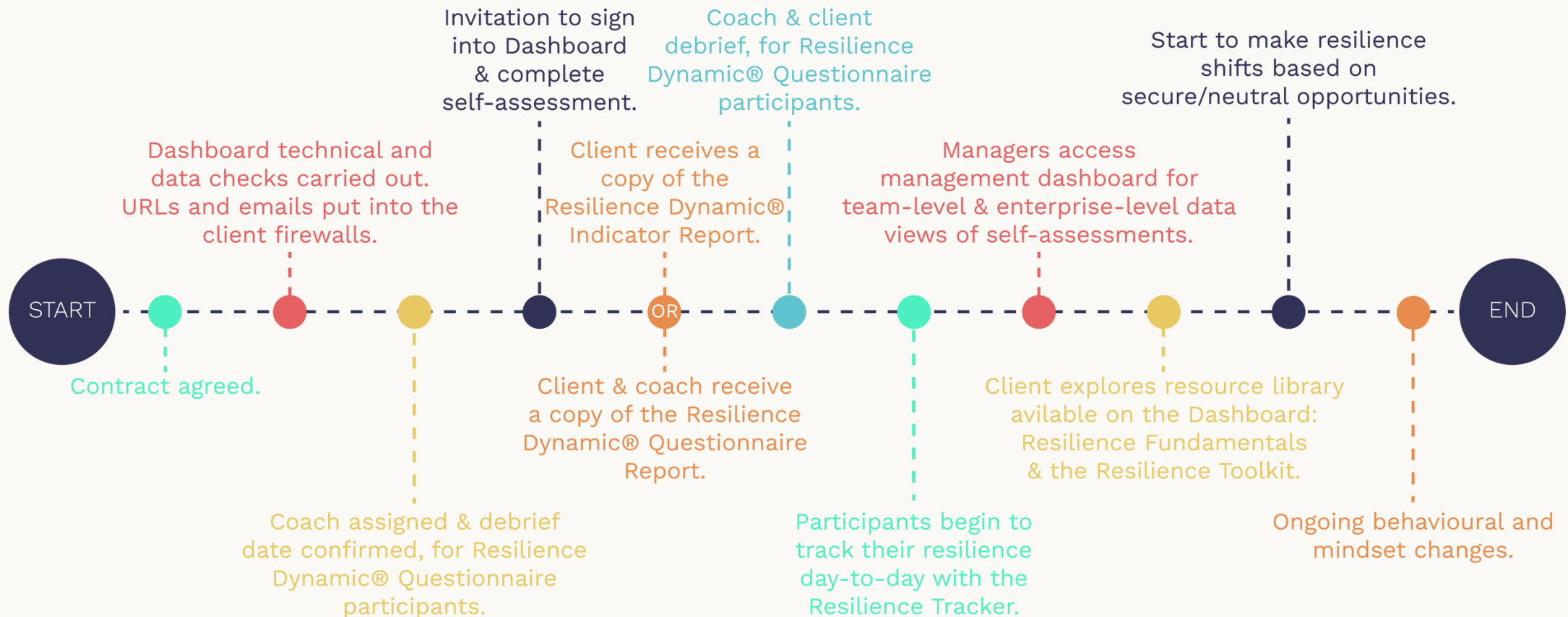
Notice your own and your team's energy patterns across time

BUILD
RESILIENT
HABITS



Dashboard Enterprise Process

Interested in the Dashboard Enterprise solution? Here is the process:



Contact Us

Want to know more?

If you are interested in the Resilience Dynamic Dashboard® for yourself, your team or organisation, book in a demo with us today to see how you can boost your resilience!

Get in touch with us via info@resilienceengine.com where one of our team will be able to discuss your needs with you.

1.

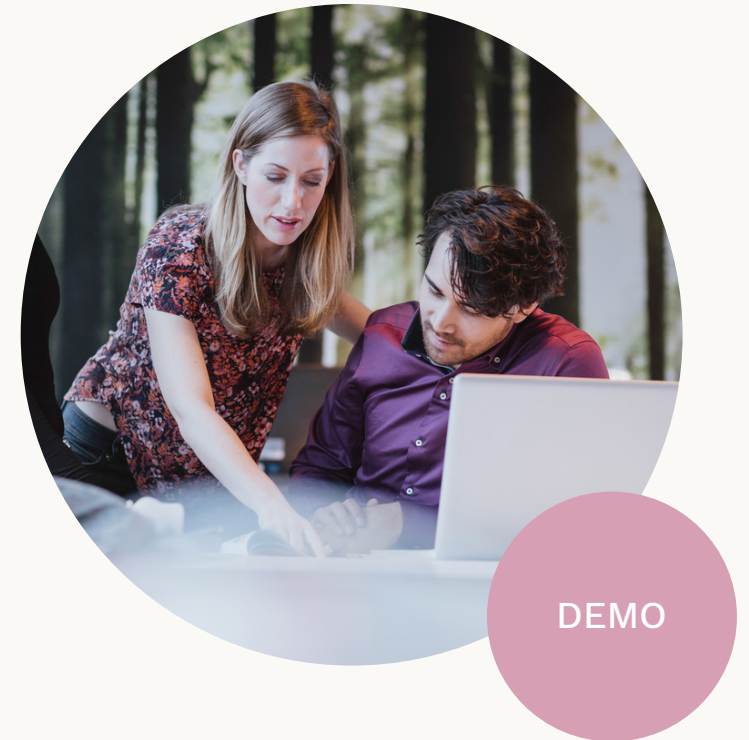
Get in
touch via
email

2.

Talk to us
about your
needs

3.

Use the
dashboard for
real



info@resilienceengine.com
resiliencedynamic.com