

Resilience Dynamic Dashboard® Enterprise



Catapult's Extended Leadership Team (ELT) needed to embed resilience at a senior level to build a resilient culture.

After completing a pilot of Dashboard Enterprise alongside team coaching between September 2022 - January 2023, the team of 30 unlocked key insights around their collective resilience and energy levels.

The Problem

Catapult is a high-growth consultancy organisation in the renewables industry. Amid the complexity of high growth, the organisation was seeking to optimise the resilience and wellbeing of their people and ensure that they could attract and retain the great talent needed to serve this exponential growth.

They initiated a pilot of the full Dashboard Enterprise with added team coaching support for Catapult's Extended Leadership Team (ELT) of 30 between September 2022 - January 2023.



What We Did

SEE IT



The Resilience Dynamic® Indicator helped individuals within the ELT to see their personal resilience level, and explore their own personal resilience drivers.

UNDERSTAND IT



A Resilience Masterclass boosted the ELT's awareness of their workplace attitudes and unpicked assumptions about resilience, enabling the team to understand what optimising resilience looks like within their context of high growth.

Resilience Fundamentals increased participants' understanding of the key concepts of resilience, while the Resilience Toolkit was used on-demand to explore specific resilience tools and self-coaching questions.

Individuals gained a deeper understanding of patterns in their own resilience and wellbeing day-to-day using the Resilience Tracker.

OPTIMISE IT



Senior leaders used the Management Dashboard to unlock insights around the ELT's collective resilience levels and drivers across time.

Two group coaching sessions enabled the ELT to recognise how they might optimise resilience and wellbeing across the organisation to deliver future growth. Within the sessions the team explored their resilience insights gained so far, reviewed their purpose and from this created an aligned, consistent resilience action plan.

Results

Through tracking resilience on the Dashboard and energy mapping within the team coaching sessions, valuable insights were unlocked around the ELT's inconsistent and misaligned energy levels.

As a result, Catapult's ELT now appreciate their need to operate more as a collective to impact change across the whole organisation, and have developed an aligned resilience action plan to ensure their wellbeing through continued growth.

"Good to acknowledge a problem/issue as a group as the 1st step, then figure out how to deal with it."

"It REALLY enforced to me the importance of the ELT to the organisation and also how much [CEO] values us as a collective. How much of an influence we have / could have if we worked closer together. Penny really dropped for me on that."

Contact Us

Want to know more?

If you are interested in the Resilience Dynamic Dashboard® and Resilience Dynamic Coaching solutions for yourself, your team or organisation, book in a demo with us today to see how you can boost your resilience!

Get in touch with us via info@resilienceengine.com where one of our team will be able to discuss your needs with you.



DEMO